



# Authorization to Use and Disclose Health Information

P.O. Box 25010  
Little Rock, AR 72221

## Notice to Member:

- Completing this form will allow Arkansas Total Care to (i) use your health information for a particular purpose, and/or (ii) share your health information with the individual or entity that you identify on this form.
- You do not have to give permission to use or share your health information. Your services and benefits with Arkansas Total Care will not change if you do not submit this form.
- If you want to cancel this authorization form, send us a written request to revoke it at the address on the bottom of this page. A revocation form can be provided to you by calling Member Services at the phone number on the back of your member ID card.
- Arkansas Total Care cannot promise that the person or group you allow us to share your health information with will not share it with someone else.
- Keep a copy of all completed forms that you send to us. We can send you copies if you need them.
- If you need help, contact Member Services at the phone number on the back of your member ID card.
- Fill in all the fields on this form. When finished, mail the form and any supporting documentation to:

**Arkansas Total Care**  
**ATTN: Compliance Department**  
**P.O. Box 25010**  
**Little Rock, AR 72221**

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## Aviso al (la) afiliado(a):

- Al llenar este formulario, usted autoriza a Arkansas Total Care a (i) que use su información de salud para un fin en particular, y/o (ii) que la dé a conocer a la persona o entidad que usted identifique en este formulario.
- Usted no tiene que firmar este formulario ni dar permiso a usar o dar a conocer su información de salud. Sus servicios y beneficios de Arkansas Total Care no cambiarán si usted no firma este formulario.
- Si desea cancelar este formulario de autorización, envíenos por escrito una solicitud para revocarlo a la dirección que aparece al final de esta página. Servicios para los afiliados puede proporcionarle un formulario de revocación si les llama al número telefónico que se encuentra en la parte trasera de su tarjeta de identificación de afiliación.
- Arkansas Total Care no puede prometer que la persona o el grupo al que nos permita dar a conocer su información de salud no la dará a conocer a alguien más.
- Conserve una copia de todos los formularios llenos que nos envíe. Si las necesita, podemos enviarle copias.
- Si necesita ayuda, comuníquese con Servicios para los afiliados al número telefónico que aparece en la parte trasera de su tarjeta de identificación de afiliación.
- Llene toda la información en este formulario. Al terminar, envíe el formulario y todos los documentos de apoyo a:

**Arkansas Total Care**  
**ATTN: Compliance Department**  
**P.O. Box 25010**  
**Little Rock, AR 72221**

PLEASE READ THE INSTRUCTIONS CAREFULLY AND COMPLETE THE FORM BELOW.  
INCOMPLETE FORMS CANNOT BE ACCEPTED.

**1 MEMBER INFORMATION:**

Member Name (print): \_\_\_\_\_  
Member Date of Birth: \_\_\_\_\_ Member ID Number: \_\_\_\_\_

**2 I GIVE ARKANSAS TOTAL CARE PERMISSION TO USE MY HEALTH INFORMATION FOR THE PURPOSE IDENTIFIED OR TO SHARE MY HEALTH INFORMATION WITH THE PERSON OR GROUP NAMED BELOW. THE PURPOSE OF THE AUTHORIZATION IS (check one option below):**

- to allow Arkansas Total Care to help me with my benefits and services, **OR**
  - to allow Arkansas Total Care to use or share my health information for
- \_\_\_\_\_

**3 PERSON OR GROUP TO RECEIVE INFORMATION (add more persons or groups on next page):**

Name (person or group): \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_ Phone: ( \_\_\_\_ ) \_\_\_\_ - \_\_\_\_\_

**4 I AUTHORIZE ARKANSAS TOTAL CARE TO USE OR SHARE THE FOLLOWING HEALTH INFORMATION (NOTE: Select the first statement to release ALL health information or select the below statement to release only SOME health information. Both CANNOT be selected.)**

- All of my health information INCLUDING:**  
Genetic information, services or test results; HIV/AIDS data and records; mental health data and records (but not psychotherapy notes); prescription drug/medication data and records; and drug and alcohol data and records (please specify any substance use disorder information that may be disclosed); **OR**
- All of my health information EXCEPT (check only the boxes below that apply):**
  - Genetic information, services, or tests.
  - HIV/AIDS data and records.
  - Drug and alcohol data and records.
  - Mental health data and records (but not psychotherapy notes).
  - Prescription drug/medication data and records.
  - Other: \_\_\_\_\_

**5 THIS AUTHORIZATION ENDS ON THIS DATE/EVENT: \_\_\_\_\_**

*Date this authorization ends unless cancelled. If this field is blank, the authorization expires one year from the date of the signature below.*

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**6 MEMBER OR LEGAL REPRESENTATIVE SIGNATURE\*: \_\_\_\_\_**

\*By typing in my name or signing this document electronically, I am attesting that I am the individual in question. I further agree that my signature on this document is as valid as if I signed the document in writing.

**DATE:** \_\_\_\_\_

**IF LEGAL REPRESENTATIVE - Relationship to Member:** \_\_\_\_\_

*If you are the Member's legal or personal representative, you must send us copies of relevant forms, such as power of attorney or order of guardianship.*

MAIL COMPLETED AUTHORIZATION FORM AND ANY  
SUPPORTING DOCUMENTATION TO  
**Arkansas Total Care, ATTN: COMPLIANCE DEPARTMENT**  
**P.O. Box 25010 Little Rock, AR 72221**

**ADDITIONAL INDIVIDUAL PERSON(S) OR GROUP(S) TO RECEIVE INFORMATION:**

NOTE: If you are consenting to disclose any substance use disorder records to a recipient that is neither a third party payor nor a health care provider, facility, or program where you receive services from a treating provider, such as a health insurance exchange or a research institution (hereafter, "recipient entity"), you must specify the name of an individual with whom or the entity at which you receive services from a treating provider at that recipient entity, or simply state that your substance use disorder records may be disclosed to your current and future treating providers at that recipient entity.

Name (individual or entity):

Address:

City: State: ZIP: Phone: ( ) -

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Address:

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Address:

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